

2007 NORTHWEST SWIM COACHES' CLINIC REGISTRATION FORM: PRINT

ASCA coaches' certification = 15 units credit with test. Washington State school employees can register for 8 clock hours at the clinic.

Advance Clinic Registration Cost: \$40 for ASCA and/or NISCA members, \$45 for non-members. Advance registration must be postmarked by Sept. 8, 2007 (Registration at the clinic is \$50.) Lunch is included with your registration. NW Swim Coaches Clinic – Saturday, Sept. 15, 2007 at Covenant High School, 620 So. Shirley St., Tacoma, Wa.

PRINT! Name \_\_\_\_\_

Team \_\_\_\_\_

(Please list your personal mailing address)

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

ASCA/NISCA \_\_\_\_\_ Non Member \_\_\_\_\_ (check X as to membership status)

E-Mail Address \_\_\_\_\_

Clinic Fee \$ \_\_\_\_\_

ASCA Courses \_\_\_\_\_

Total \$ \_\_\_\_\_

Please make your checks payable to NW Swim Clinic and **send this form & check to: Dick Hannula, 1021 So. Westley Drive, Tacoma, Wa. 98465.** (Any questions for the panel session should be entered on the reverse side)

**ASCA SCHOOL:** .

Guy Edson, Technical Director of ASCA, will teach two ASCA courses on Friday, September 14, from 1 p.m. to 9 p.m. at the University of Puget Sound Field House, room #201 on North 11<sup>th</sup> St., between Union and Lawrence Streets. At 1 p.m. will be the "How to Create Goal Based Season Plans and Write Workouts". This course offers a very organized yet practical and systematic approach to writing workouts. Specific issues for age group, high school, and senior swimming are all addressed. In the evening session we will present the "Dryland Training School" filled with great ideas for age group, high school, and senior circuit programs. **The cost for both courses is \$80.** A manual and over 100 pages of handouts are included. More information can be found at <https://www.swimmingcoach.org/services/events.asp>

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